



Small plates

alfredo pizza - chicken, arugula, prosciutto di parma, pecorino and mozzarella 8.95
eggplant stack - w/roasted red pepper, portabella, goat cheese & herbs 8.95
artichoke hearts- fried w/spicy mayo & sweet chili sauce 6.75
gnocchi pesto - artichoke hearts, pecorino & pine nuts 6.95
meatballs & tomato sauce-3 meat balls, tomato sauce & pecorino cheese 4.75
insalata caprese -tomatoes, fresh mozzarella, basil, olive oil and balsamic 6.50
tomato rustica marinara - goat cheese, topped w/ pesto & ciabatta 6.95
blue cheese chips - house made potato chips baked w/pesto 4.95
italian sausage bruschetta - goat cheese, red peppers & onions 7.95

Salads & soups

mixed field greens - & orange balsamic vinaigrette 4.95 half 2.75
caesar - romaine, grana padano, croutons & house made caesar dressing 5.95 half 3.00
add chicken parm \$6.50
arugula - extra virgin olive oil, lemon & grana padano cheese 6.25 half 3.50
prosciutto & arugula- tomato, fresh mozzarella & lemon olive oil dressing and herbs (can be substituted with smoked salmon) 10.50 half 7.50
steak salad\*-(steak may be cooked to order) sauteed onions, blue cheese, marinated portabella, romaine & orange balsamic vinaigrette 13.95 half 9.50
greek - romaine, black olives, pepperoncini, feta, artichoke, onion & tomatoes sundried tomato vinaigrette 7.95 half 5.95
jerk chicken salad - flat bread, caramelized onions, mozzarella cheese, mix greens, pine nuts,cranberries & orange balsamic vinaigrette 10.95
saba - mixed greens, cranberries, tomato, pecan, apples & blue cheese vinaigrette 7.95 half 5.95
b.a. - mixed field greens, roma tomato, grilled red pepper, grilled red onion, black beans, roasted rice, feta cheese & orange balsamic vinaigrette 7.95 half 5.95

add: chicken (grilled or jerk) \$3.50, tofu \$3, shrimp \$5, tilapia \$6, salmon \* \$7, smoked salmon \$5, ahi tuna \* \$8 (salmon may be cooked to order)

soups chickpea tomato or soup of the day cup 3.50 or bowl 5.00

Sandwiches

choose between fresh baked ciabatta or flat bread and is served with your choice of a side
half & half - sandwich & salad or soup 7.25
salami - red peppers, red onion, mozz cheese, mixed field greens & spicy mayo 10.00
meatball - house made meatballs, mozzarella cheese & classic tomato sauce 10.00
prosciutto - prosciutto di parma, grana padano, arugula, lemon vinaigrette 10.00
portabella - w/feta cheese, tapenade and fresh herb vinaigrette 8.75
b(acon) p(rociutto) a(rugula) & t(omato) - w/ spicy mayo 10.00
chicken club - bacon, tomatoes, field greens, mozz & chipotle mayo 10.00
chicken parmesan - mozzarella, marinara & pecorino romano 11.50
italian sausage - red peppers, onions, mozzarella cheese & spicy marinara 10.00
veggie delight - grilled eggplant, tomato, grilled onion, red pepper, olives, dijon mustard & cilantro pesto ( fresh mozzarella +2, marinara +1) 8.75
tomato fresca - basil, goat cheese & mixed herbs 8.75
smoked salmon-lemon dill mayo, tomatoes & arugula 10.00
bbq pork-w/ chianti ketchup bbq sauce 10.00

Sides

house made potato chips, caesar salad, mixed field greens, vegetables ♠, arugula or ^soup♠

♠charges may apply

## Pastas

<b>fettuccine</b>		<b>linguine</b>		<b>spaghetti</b>	
pesto	9.00	tomato sauce	7.95	marinara w/ meatballs	10.25
alfredo	9.00	clams in white wine & garlic sauce	12.50	chicken parmesan	13.95
★ lamb ragú	12.50	clams in tomato sauce	12.50	chicken picatta	13.95
★ beef ragú	12.50	bolognese (meat sauce)	10.25	thai peanut w/ tofu	9.95
				vegan vindaloo w/tofu#	9.95

add mixed veggies or tofu 3.00, grilled or jerk chicken 3.50 shrimp 5.00, tilapia 6.00, salmon\* 7.00 (salmon may be cooked to order)

★ can be served over risotto. sub buckwheat fettuccine +1  
 ■ indicates spicy. Ragú; slow cooked braised wine sauce.

**we offer gluten free pasta** (ask about your pasta options, the raviolis are not an option)

## Ravioli

**four cheese** - tomato sauce, kalamata olives & pureed herbs

**pumpkin** - spices & ricotta cheese in a brown butter sauce

**thai chicken & spinach pasta** - thai peanut coconut curry sauce, basil & fennel pollen

**wild mushroom** - cracked black pepper & garlic cream sauce **or** spicy tomato sauce, feta cheese & herbs

**eggplant** ■ - red pepper pasta & tomato cream sauce **or** w/ vindaloo & cilantro pesto 10.00

## Other dishes

**lasagna** - bolognese sauce & ricotta cheese 11.50

**penne greco** ■ -shrimp, calamari, olives, tomato, peppers, feta, onions, pepperocini & herbs 14.50

**fish in parchment paper**\* - (fish of the day) - baked w/ mixed veggie, olives, (salmon may be cooked to order) onions & a side of grapefruit reduction- market price

**zuppa di pesce**\* ■ - tilapia, shrimp, scallops & calamari, clams in a tomato broth. 15.50

**Ahi tuna** (cooked to order) \*- sauteed super greens (shredded red leaf, kale, brussel sprouts, cabbage and broccolini) lemon butter white wine sauce & pineapple cilantro relish. 15.95

**Top sirloin**\*- seared, w/ mix veggies, roasted potatoes and demi glace 16.95 (cooked to order)

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

## Kids' menu

spaghetti w/butter or marinara-3.00 (+2 meatballs- 3.00) penne pasta available  
 cheese ravioli-4.50 cheese pizza-4.50 (add chicken, meatballs or pepperoni for -1.75)  
 grilled cheese sandwich w/chips-4.50 chicken strips w/chips- 4.95  
 kids lasagna-4.95 mac n' cheese-4.50

## Beverages

sodas \$1.95-coke, diet coke, sprite, root beer, ginger ale, izee \$3.00(clementine & blackberry), jarritos (orange & grapefruit) \$2.95, minute maid lemonade, iced tea (sweet or unsweet)-1.95 coffee (regular or decaf)-2.95 hot tea-3.00 san pellegrino 500ml - 3.25, apple juice-1.50

Delivery Available through Doordash , Uber& Amazon

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